



MODERN SCHOOL, NOIDA

DEAR CHILDREN, PARENT & OUR STAFF MEMBERS,

As we are all aware that Our honorable Prime Minister has called for everyone's help to fight against the deadly Corona virus. Therefore we request everyone to stay at their home or wherever you are in order to stop the spreading of the corona virus. Hence , it is requested to everyone to follow rules & regulations given by the government and support in the fight against this epidemic.

Reduce your risk of coronavirus infection

1



Clean your hands with soap and water or alcohol-based hand rub.

2



Cover your nose and/or mouth when coughing and sneezing with a tissue or flexed elbow.

3



Avoid close contact with anyone with cold or flu-like symptoms.

4



Thoroughly cook meat and eggs.

5



No unprotected contact with live wild or farm animals.

FLU



Symptoms:
Begin 1-4 days after exposure



Cause:
Influenza virus (there are many strains)



Complications:
Less likely to occur because of immunity built up over time



Prevention:
Flu shot

COVID-19



Symptoms:
Begin 1-14 days after exposure



Transmitted by respiratory droplets from an infected person



Cause fever, cough, fatigue



Cause:
SARS-CoV-2 virus



Complications:
Severe respiratory complications may come on extremely quickly



Prevention:
Self-isolation